

Melbourne Colonial Dancers
"Dancing Through Time"
Dance Descriptions

Date: 24th June 2023
Collingwood Town Hall
8pm till Midnight

1. **Veleta Waltz** 16 bar Waltz ad lib 1900

Couple facing Line of Dance

Open extended hold Starting outside feet

1 bar: 2 Steps Fwd and bring 3rd step behind in 3rd ballet position

1 bar: Repeat fwd commencing opposit foot.

2 bars: Chasse 2 step down line of dance

4 bars: Repeat all above back to place

2 Bars: One circular waltz

2 Bars: 2 Chasse Step

4 Bars: Two circular waltzes

<https://www.youtube.com/watch?v=ESFjp6GfNmw>

<https://www.youtube.com/watch?v=UlbYePb6BKU>

2. **Mac D's Waltz**

Duple Proper Welsh 32 Bar Waltz (1812)

8 Bars: 1st couple circle left and right with 2nd woman

8 Bars: 1st couple left and right with 2nd man

8 Bars: 1st couple lead down the middle (4 Bars)

Take Ballroom hold and waltz back to 2nd Place (4 Bars)

2nd Couple lead up to 1st place on Bars 23 and 24

4 Bars: 1st and 2nd couples balance to partner and change places

4 Bars Repeat balance and change places back to progressed places.

https://www.youtube.com/watch?v=yOV1qih_bYg

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3. Dashing White Sergeant 32 bar Scottish Reels
1½ Sicilian progressive

4 Bars: **Circle left.** Take hands in circles of 6 and slip step left 8 steps.

4 Bars: **Circle right.** Reform lines on bars 7&8

4 Bars: **Centre person** set with right hand partner (set right & left) then **right arm turn** once around.

4 Bars: **Centre person** set with left hand partner (set right & left) then **right arm turn** once around.

8 Bars: **Lines Reel of Three** lines dance "figure 8", centre passing left shoulder with right hand partner to start.

8 Bars: **Lines advance, retire & pass through.**

<https://www.youtube.com/watch?v=g5Aypo-FHac>

4. Captain Cook's Country Dance Corri, Dussek & Co.

Twenty-Four New Country Dances for The Year 1797. Edinburgh

Longways, duple minor

A1 1-2 All cross, right shoulder with partner

(1/2 gypsy and a sweeping turn single left)

3-4 All cross back, left shoulder with partner

(1/2 gypsy and a sweeping turn single right)

A2 1-2 Right hand Star

3-4 Left hand Star

B1 1-2 1st couple lead down the middle

3 1st couple lead back to the top, dancing

4 1st couple cast to 2nd place WHILE 2nd couple meet and lead up

B2 1-4 All allemande right

<https://www.historicaldance.au/captain-cooks-country-dances-book-and-cd/>

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5. Grand March into First Set (of Quadrilles) 1815
Version)

(20th Century Victorian

Figure 1 2 x 40 Bars

- 8 Bars: Intro Salute Partners then Corners
8 Bars: 1st and 2nd Couples rights and Lefts (no hands)
8 Bars: Swing Partners (open hand hold)
8 Bars: Ladies chain across and back (turn under man's arm)
8 Bars: Promenade to places (Lower promenade hold)
8 Bars: Swing Partners
Repeat with 3rd and 4th Couples

Figure 2 4 x 24 Bars

- 16 Bars: 1st and 2nd Couples double l'ete
8 Bars: Swing Partners
Repeat with 3rd and 4th, then 1st and 2nd then 3rd & 4th

Double l'ete: Couples advance and retire and change places
(ladies between men) Repeat back to place.

Repeat with 3rd & 4th, then 1st & 2nd, then 3rd and 4th

Figure 3 4 x 24 Bars

- 8 Bars: 1st Lady lefthand round 2nd Gent, right hands to partners and balance
(step on right, left, right, left)
16 Bars: Promenade and swing partners
Repeat with 2nd, 3rd, and 4th Lady with opposite gent

Figure 6 Stockyards (32 Bar tunes)

- 8 Bars: Grand Circle (4 couples in set join hands and advance and retire}
Advance and retire again
16 Bars: Swing corners and promenade the set
8 Bars: Swing this partner (Reform the circle with lady on the man's right)
Repeat with next corner etc until fully round the set.

https://www.youtube.com/watch?v=4_D9YV4XYtU

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6. **Pride of Erin** **Written by C Wood of Leith, 1911**
In Scotland to celebrate the Irish in Scotland

Partners in Open Ballroom hold facing line of dance (LOD) / 32 bars

- 4 Bars: Starting on outside feet, take 2 slow steps forward, then 3 steps forward raising inside feet to about ankle height, toe pointed. (SSQQS)
- 4 Bars: Starting with inside foot take 2 slow steps backward. Then 3 steps backward (SSQQS) turning to face partner and join hands.
- 2 Bars: Man swivels right foot, lady swivels left then step other foot against LOD. Then men swivels left steps forward right, lady swivels right steps forward left then repeat.
- 2 Bars: Repeat swivels and steps.
- 4 Bars: Turn to face LOD and waltz solo along LOD 2 turns (12 steps), finish facing partner.
- 4 Bars: Holding hands balance forward (on left) and back then waltz to opposite places, lady passing under man's right arm.
- 4 Bars: Repeat back to place.
- 8 Bars: Waltz
<https://www.youtube.com/watch?v=1E3ONjJpJD0>
<https://www.youtube.com/watch?v=UgUq1fle5XY>

7. **Thady You Gander** 1650 Longways Set of 4 couples
40 X 4 Reel played AAABB

- 8 Bars: 1st Couple **lead down** to the bottom of set.
Right hand in right hand; lady crosses over in front of the man.
Both **cast up the outside** of the set to the top.
The man is on the ladies side, lady is on the man's side.
- 8 Bars: **Top lady leads the three men** behind her; around the outside of the set then back to place.
- 8 Bars: **Top man leads the line of 3 ladies** behind him; around the outside of the set then back to place.
- 16 Bars: Top couple **strip the willow** to the bottom of the set.
<https://www.youtube.com/watch?v=Q8CTF-ybVJE>

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8. Waltz Country Dance 1827 Progressive Sicilian Circle
40 Bar Waltz or 32 bars + 8-bar 'waltz on'.

- 4 Bars: Opposites take 2 hands and Balance forward and back
(step forward on right foot, back on left foot)
Men change place with opposite ladies turning lady under their joined hands.
- 4 Bars: Balance and Change with Partners
- 8 Bars: Repeat Above (Men move clockwise around the set, ladies anticlockwise)
- 4 Bars: All join hands in a ring all balance forward and back
Men turn lady on their left over to their right.
- 12 Bar: Repeat Balance and Change 3 more times
- 8 Bars: Waltz on. Couples circular waltz around each other, finishing in original direction
- 40 Bars: Dance begins again with a new couple

<https://www.youtube.com/watch?v=oMtrylwKuV0>

https://www.youtube.com/watch?v=7Jw_tEOH9s

9. Chicago Swing 1939 Aust Couple dance
Music Charleston/Quickstep

Holding inside hands facing LOD

- 2 Bars: Start outside feet 4 steps fwd
- 2 Bars: Tap 2 steps out, in and out and in
- 2 Bars: Starting outside feet step lock & step
- 2 Bars: Starting inside feet step lock step
- 2 Bars: Starting outside feet walk away from partner
4 steps in a circle man anti clockwise
Lady clockwise
- 2 Bars: Man steps towards partner left foot & taps
Lady steps backwards right foot and taps
Repeat in opposite direction
- 2 Bars: 2 chasse steps down LOD
- 2 Bars: Facing LOD Step away from each other
Then together

<https://www.youtube.com/watch?v=9iqvt-fJ-EQ>

<https://youtu.be/VoDFxHw8Cdw>

<https://www.youtube.com/watch?v=kVnruPIS9z0>

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10. **Barn Dance (Progressive)** 1919

Formation: Circle of couples.

Start: Promenade hold, both facing anticlockwise.

Bars Description

2 Bars: Forward,2,3, kick -- (Walk 3 steps forward, all start outside foot, 4th beat raise inside foot).

2 Bars: Back,2,3,up (Start on the raised foot, take 3 steps backward, 4th beat feet together)

4 Bars: Turn lady on -- (Lady turns under man's right arm, to the man in front of her, man walks 4 steps back to women behind him).

2 Bars: to centre ladies backward men forward-- (1,2,3 lift).

2 Bars: and back- ladies forward men backwards-- (1,2,3 together).

4 bars: Circular waltz -- (Twice, in 4/4 time)

<https://www.youtube.com/watch?v=Ik4o7MP7us0>

11. **Plattsburg Polka** - original version 'Bush' dance

Formation: Square set, 4 couples: 'Tops' & 'Sides'

Music: 4 x 32b Polkas, as for 'Brown Jug Polka', but played AABB

Intro: Honour Partner, take ballroom hold, facing across the set. (4b)

A1 Top couples: "Heel & Toe" twice,
& Galop across the set, (men pass back-to-back) (2+2b)

Side couples: repeat the whole of the above; (4b)

A2 Top couples: repeat the Heel & Toe twice ie using the other foot,
Galop back across the set; (women pass back to back) (4b)

Side couples: repeat the whole of the above; (4b)

B1/2 all Set (R&L) to partner, and Chain On* to meet a new person, (2+2b)

Repeat twice more, (4+4b)

Set to the 4th person, and Swing (ballroom hold) into man's opposite position. (2+2b)

Finish ready to repeat the dance with Tops leading a second time,
then twice more with Sides leading. (3x32b)

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Notes: 1 **Chain On** - ie changing places with partner, giving right hands.

(the Men may turn the Lady under the raised right hand whilst walking forward)

2 Ladies progress one place clockwise each time through the dance,
while the Men finish in the opposite place each time through.

Source - collected by 'The Rum Culls'

<https://www.youtube.com/watch?v=CFp94rHNF-U>

12. **Charmaine** 1934 32 Bar Slow Foxtrot
by Norm Chapple, Melbourne

Over the shoulder promenade hold

1. Left foot 5 forward steps (S.S.Q,Q,S) then swivel keeping feet apart to face against LOD
2. Right foot 5 forward steps against LOD (S,S,Q,Q,S) then swivel with legs apart to face LOD
3. Left foot 2 slow steps forward then cross left foot over right taking 4 quick steps backwards (L,R,L,R)
4. Left foot 1 slow step forward then cross right foot over left and 4 quick steps backwards (R,L,R,L)
5. Right foot 1 slow step and point left, then left foot 1 slow step and point right.

MEN

6. Right foot 2 quick steps forward and swivel to face diag against LOD facing wall and close right foot to left and rest for a quick beat collect partner ballroom hold to left side (this is often done open 2 hand hold)
7. Left foot one slow step diag against LOD towards wall, to the right of partner, and swivel to face LOD (partner is now on right side) then 3 slow steps forward swivel towards partner to face against LOD.
8. Left foot one slow step and swivel to face partner, ballroom hold chasse 2 steps against LOD and waltz for 4 bars forward LOD.

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Charmaine continued

WOMEN

6. Right foot turn complete circle to right 2 quick steps travelling down LOD ending up facing partner
diag to centre step forward right foot to rightside of partner close left foot to right. (Q,Q,Q,Q) take
ballroom hold or 2 hand open hold

7. Right foot backwards one slow step diag against LOD and swivel to face against LOD, one slow
step backwards LOD and swivel to face LOD, 2 slow steps forward and swivel towards partner to
face against LOD.

8. Right foot one slow step against LOD and swivel to face partner ballroom hold chasse 2 steps
against LOD and waltz 4 bars forward LOD.

(LOD means Line Of Dance, S means Slow, Q means Quick)

<https://www.youtube.com/watch?v=Eo2i7QPH9IY>

<https://www.youtube.com/watch?v=qrBCCcHtix0>

<https://www.youtube.com/watch?v=vTJxEeQFa7U>

13. **The Comical Fellow** Thompson (1776)

Longways Duple minor

A1 1 Man sets forward to 2 Woman, retires 4 steps, 2-hand turn 2 Woman

A2 1 Woman sets forward to 2 Man, retires 4 steps, 2-hand turn 2 Man

B1 1st couple lead down 8 steps, skip back, & cast 1 place to progress,
all clap 4 times, 2-hand turn halfway with partners (or just pass R)

B2 Circle 4 Left & Right,
all clap 4 times, 2-hand turn halfway with partners (or just pass R).

Repeat

<https://www.youtube.com/watch?v=JlVp4grlWAK>

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14. **Haymakers Jig** Australian Longways 4x 48 Bars

Formation Longways Set of 4 couples. In this dance, movements are made diagonally, i.e., Top Lady dances with Bottom Man and vice versa.

Instructions:

- 4 Bars: Top Lady right hand turn #(with Bottom Man)
- 4 Bars: Top Man right hand turn #(with Bottom Lady)
- 4 Bars: Top Lady Left hand #
- 4 Bars: Top Man Left Hand #
- 4 Bars: Top Lady 2 Hand turn#
- 4 Bars: Top Man 2 Hand turn#
- 4 Bars: Top Lady Do -Si- Do Right Shoulder #
- 4 Bars: Top Man Do-Si- Do Right Shoulder#
- 4 Bars: Top Lady Bow#
- 4 Bars: Top Man Bow#
- 8 Bars: Cast off: Top Couple caste and make an arch at the bottom of the set.
Others meet partners, take inside hands, pass under the arch and reform the set.

<https://www.youtube.com/watch?v=K2rz34nkLkQ>

15. Melbourne Waltz Power's 1820 32 Bar Waltz Longways 3 Couple Set

- 4 Bars: 1st & 2nd Ladies set to partners
Change places ladies between men
- 4 Bars: Repeat
- 8 Bars: 1st Cpl chasse down set & back, cast to 2nd place
(2's move up) & dance to face 1st corners
- 8 Bars: 1st Cpl turn 1st corners by right hand, touch partner left hands
Turn 2nd corner right hand and touch partner left hand
To dance to 2nd place own side
- 8 Bars: All dance Right Allemande (Regency)
All dance Left Allemande
Except 1st cast to bottom of set
instead of Left Allemande/3s move up

This dance is really a triple minor dance.

Danced here as a 3 in a 4 couple

<https://www.youtube.com/watch?v=Y74wzMzV0UU>

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16. Evening Three Step (1904 Eva 3 Step)

Couples facing LOD holding inside hands 16 Bars 4/4 or 6/8

2 Bars: Start outside foot take 3 steps forward, bring feet together

2Bars: Start inside feet, change places with partner, lady in front,
turning towards partner pivot turn. Bring feet together.

2 Bars: Repeat back to place.

2 Bars: Starting inside feet, take 3 steps backwards against LOD bring feet together

2Bars: Traveling down LOD facing partner one skip-23. Swivel back-to-back one skip-23.
Swivel to face partner chasse 2 steps

4 Bars: Waltz (Rotary Chasse)

<https://www.youtube.com/watch?v=SVcLhlwolls>

<https://www.youtube.com/watch?v=9BLc2M2aum4>

17. Duke of Kent's Waltz 1802

32bar waltz ad lib

8 Bars: Right hand star & left-hand star

4 Bars: 1's take 2 hands waltz 2 chasse steps down the middle & back
(2's may chasse up the outside and back)

4 Bars: 1's slow cast to 2nd place 2's lead up to 1st place

4 Bars: All take right hands with partners balance forward & back
& trade places turning the woman under

4 Bars: Repeat to places but with left hand

4 Bars: All right hand turn diagonal right person

4 Bars: All left-hand turn partner.

<https://www.youtube.com/watch?v=sQds3w8YM1I>

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18. **Margaret's Waltz** 1959

32 bar Waltz

Sicilian Circle Progressive

- 4 Bars: Advance and retire
4 Bars: Right hand turn opposite
4 Bars: Left hand turn partner
4 Bars: Half ladies chain
4 Bars: 2 Chasse steps to right then 2 chasse steps to left
(End back-to-back with other couple)
4 bars Right hand star
4 bars Right Shoulder Do- si- do opposite
4 bar Waltz on past opposite couple to meet another couple

<https://www.youtube.com/watch?v=fjs44F9EbQk>

19. **Salamanca Castanets** 1813

Australian
48 Bar X 3 longwise set

- 8 Bars 1st lady leads the other two ladies around behind the line of men to place
8 Bars 1st man repeat with men
8 Bars 1st & 2nd couples pousette to change places (Couples move around each other 1 ½ times Then 1st couples advance to 1st corners Anticlockwise)
8 Bars Set to 1st Corners (pas de bourree derriere) 1st couple dance around each other back to back to face 2nd Corners and set then dance around each other back-to-back the 2nd position own side
8 Bars All circle left and right
8 Bars 1st Cpl cross left shoulders to cast up Around 2nd Cpl, meet and dance down Between 2nd couple separate and dance down outside 3rd couple (who move up) to 3rd place and cross to own sides

https://www.youtube.com/watch?v=9o_t3kNmxiU

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20. Northdown Waltz 1820 32 Bar waltz Duple Proper

- A1 1-4 1st corners join right hands, balance forward and back,
then change places.
5-8 2nd corners the same.
- A2 1-8 Repeat A1 to places.
- B 1-8 1st couple take inside hands, lead down centre and
lead back to 2nd place, 2nd couple moving up.
- C 1-8 In ballroom position, 1st and 2nd couples waltz
completely around each other counter-clockwise,
ending in progressed places.

<https://www.youtube.com/watch?v=LdrLAU7hPRg>

21. Upon a Summer's Day Playford (1651 1st ed)
3 couple Longways 40 Bars x 3 played AABBB

- 1.A1 All up-a-double & back, set-&-turn-single
- 1.A2 Repeat A1
- 1.B1 Lines-of-3 forward-a-double & back,
top couple lead between 2s, separate under side-arch made by bottom 2,
cast off to meet in bottom place (2s & 3s step-up on last 2 bars)
- 1.B2 Repeat 1B1 with new top couple
- 1.B3 Repeat 1B1 with new top couple
- 2.A1 Siding-R, set-&-turn-single Repeat 2.A1(L) Repeat 1B1 three times
- 3.A1 Arm-R, set-&-turn-single Repeat 3.A1(L) Repeat 1B1 three times

https://www.youtube.com/watch?v=xIMz_NQxQ5w

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22. Sybil's Roundabout 1979

Circle mixer for couples / 32-bar American reels

[Les Wooton: English Dance and Song Spring, 1972]

4 bars All: Advance to the centre 4 steps and retire

2 bars All: Advance in again

2 bars Ladies: Retire while... Gents: Turn round in centre to
face partner (4 steps)

4 bars Do si do right partner

4 bars Chassé 2 steps left + Chassé 2 steps right

4 bars Give LH to Partner & RH to neighbour forming a wavy line
(Gents facing out) – Balance fwd & back +
Allemande LH 1/2 way (with Partner)

4 bars Give RH to next Neighbour forming a wavy line
(Gents facing in) – Balance fwd & back + Allemande RH ½ way
(With current Neighbour = next Partner)

4 bars Allemande LH with the next 1 full turn +
Go back to the new Partner

4 bars Swing

32 Bars: Repeat

<https://www.youtube.com/watch?v=rcd1Pgw9M0Y>

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23. **Circle waltz** Progressive Circle dance 32 bar waltz ad lib

(Also known as the Oslo Waltz)

16 Bars: Take hands in a circle, all balance into the centre and then out to place.

Gents then guide their lefthand lady across in front of him to his righthand side.

The lady may move across or turn under his arm as in waltz country dance.

This movement is done four times.

8 Bars: Facing your new partner, take an open hand hold. Sway into the circle and out, and then drop hands and both do a single waltz turn towards centre. Repeat swaying out and then in and a turn back to place. Finish in ballroom hold.

4 Bars: Couples take two chasse steps into the centre of the circle, and then two chasse steps out back to place.

4 Bars: Waltz around the circle, finishing in an open circle.

<https://www.youtube.com/watch?v=eSRo6wgQats>